



WELFARE-HONESTY-TRANSPARENCY  
-RESPONSIBILITY-TRUST

©

# Mediterranean tortoise care

## Enclosure size and requirements

enclosure size of 6ft this can be a tortoise table or a vivarium without glass as they need lots of air flow, remember bigger is always better for torts especially as they never stop moving! This should also be paired with free roam time.

## Temperature/heat-

basking spot of 30-32c with a cool end of 17-18c. They are not fully exposed to the sun in the wild so having a spot to escape the heat is important for them. Heat should be provided with a halogen bulb controlled by a thermostat.



## Examples of some Mediterranean species-

- marginated tortoise
- Horsefield tortoise
- Herman's tortoise
- spur-thighed tortoise

So more of your commonly kept tortoises

## Uvb-

tortoise always need uvb no matter what to prevent shell deformities like pyramiding and also mbd- the correct uvb for these torts is the Arcadia pro t5 12% uvb this is the closest to the amount of uv they'd receive in the wild it should be about 30cm above to tortoise to avoid burns. This should be paired with calcium dusted on food to get the proper effects of the uvb.



## Substrate/bedding-

a 50/50 organic top soil (no fertilisers) and sand mix is great for these guys, this should be provided in a thick layer to allow for them to burrow. Prorep make a pre mix of this called tortoise life for ease!



## Enrichment-

large hide like structures should be provided, with big openings so the tortoise can get in, rocks and slate should also be included to help the tortoise grind their own nails down!

## Feeding-

over 70% of there diet should be leafy greens, flowers, and weeds as they need high fibre. some examples are turnip greens, collard, rocket, watercress, spring greens, dandelions and clovers. Fruit and Vegetables should not be fed as they contain a high sugar content that the tortoise cannot digest. Avoid things with high oxalate like spinach and broccoli as they can stop calcium absorption. Dust all food with calcium, provide cuttlefish bone in there enclosure too for extra calcium and too help grind there beaks down.